



Lunch Menu w/c 30th January 2012

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Freshly cooked soup of the day served with homemade croutons and toppings				
Main Meal	Meatballs in a Tomato & Herb Sauce	Chicken Korma	Pork Sausage Lyonnaise	<p>Olympic Tours 1960 Rome, Italy</p>	Breaded Cod Goujons
Vegetarian Meal	Mushroom Stroganoff	Vegetable Chilli Con Carne	Mixed Pepper Frittata		Stuffed Mushrooms
On the side...	Spaghetti Green Beans	Basmati Rice Mixed Vegetables	Creamed Potato Baton Carrots Courgettes		Potato Wedges Baked Beans Peas
Pasta Bar	Freshly cooked Pasta in a Variety of shapes with a choice of Sauces				
Jacket Potatoes	With the Daily Special or Cheddar Cheese				
Salad Bar	Daily selection of core items to include mixed leaves and fresh cut salad, with accompaniments and dressings				
Something Sweet...	Plum Cobbler & Custard	Raspberry Jelly	Treacle Sponge & Custard		Sultana Flapjack
Fruit and yogurt	Selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. Delicious homemade yoghurt pots with toppings.				

... tasty and fresh

...Please note this menu is subject to change